Case Study of AAY therapy for Autistic

Child Name:

Location: Jaipur, Rajasthan, India

Age at Pre-treatment: 7 years

Diagnosis: Autism (Delayed speech and development)

Pretreatment evaluation – Dec 13th, 1994

All milestones reached normally as in case of a regular child. The parents came with the problem of slow learner. The problem was first identified by school teacher at the age of four and half years. **The problem of unknown fear**, unable to concentrate on one thing and sit at one place. He did not mix up with peer of same age group and felt hesitating with them. Poor at performing school activities. Speech was delayed and defective. Apart from this day-to-day activities were also performed poorly.

A SPECT brain was not carried out because this facility was not available at Jaipur, India at that time.

Supplementing with AAY therapy:

We put her on **AAY therapy** developed by AAY centre after 25 years of research, which was administered as per guidelines to her on regular basis. A close monitoring was done. Once she was comfortable with the therapy protocol, a training model was developed for her to observe improvements in her regular day-to-day activities.

Post treatment evaluation (April 7th, 1998 – 40 months later)

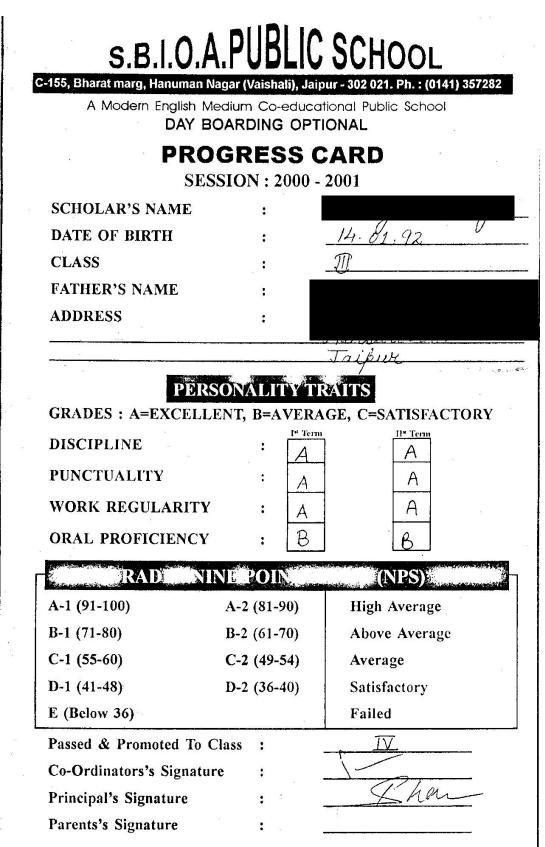
The AAY Therapy was given for 36 months and stopped as the child got cured. After 36 months of treatment, we compared **pre-treatment evaluation to current**. The child's parents were very happy with his progress and improved performance in every aspect with the help of the AAY therapy. The Child could do all his day-to-day activities that required self-help skills (Brushing, eating, dressing, undressing etc.). The Child's place and time orientation had improved to the normal levels as for his age. He started mixing with his peer age group and adjusted well with them. The clarity of speech became normal. After starting AAY therapy, **passed** his III class with 'A' grade, i.e. his school achievements had come to those of an ordinary child of his age.

Pre Treatment



Post treatment





Note : The progress Card duly signed by the Parent/Guardian may please be handed over to the office/class teacher, personally. Thanks.

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(NPS)* B-1	14	NRITTEN 70 43	H TERM WRITTEN INTERNAL 70 10 43 4 65 7

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Progress Report By Parents

As per our telephone conversation today, please read Paitents(Name Not Display)'s recent progress.

SOCIAL DEVELOPMENT

Paitents(Name Not Display) is a very chatty and happy girl and loves being with people and especially young babies. She loves to go out to parties and visit friends and relations and is not shy to interact with anyone. She is very rarely attached to us when we all go out. She enjoys Indian songs and dancing. She is able to communicate and answer appropriately when spoken to. She does not like staying at home.

PHYSICAL DEVELOPMENT

Paitents(Name Not Display) has learnt to swim independently this is a major milestone for her. She is extremely happy and has become very confident due to this achievement. She was awarded a gold star on stage in front of four hundred children hence is very aware of her achievement.

Paitents(Name Not Display) also takes trampoline lessons which she thoroughly enjoys very much.

She will be also taking Indian dancing lesson shortly. We are at present also trying to get her to ride a 2 wheeler bike as this will again give a big boost to her confidence.

SELF HELP SKILLS

Paitents(Name Not Display) can dress and undress herself independently. She can brush her teeth by herself but needs an adult to overlook. She can now clean herself after toileting. She can shower herself put soap on herself but again she needs constant reminding what part of her body to soap e.g. Paitents(Name Not Display) soap your arms, now soap your legs, now your belly etc. She does not wear zipped and buttoned trousers as she cannot do these by herself. Paitents(Name Not Display) can feed herself but more often to speed things up we have to feed her.

LANGUAGE DEVELOPMENT

Paitents(Name Not Display)'s spoken language has improved dramatically and she is able respond to any conversation very quickly, especially if mum and dad are talking about going out. She understands a good percentage of any conversation. She can retell a story from small story book. Paitents(Name Not Display) can understand when spoken in Hindi or Gujrati. She does not sit idle she keeps herself busy by pretend talking on the phone or playing with her doll or attempting to write or read a story book.

Due her improvement in understanding, Paitents(Name Not Display) has become mush happier and calmer and her concentration has improved dramatically. She can concentrate for ten minutes continuously.

ACADEMIC SKILLS

READING- She reads three letter words which are repetitive and also firm in her memory e.g. cat, mat, sat etc. but with new three letter words she finds it difficult and has to sound out each letter before she can say them. She is trying to read phrases and small sentences however the above is very difficult for her to grasp and needs a lot of encouragement.

COUNTING- recognises up to 20. She can count up to ten objects with help and confidently count five objects without help.

WRITING- She can write her name and a few other letters of the alphabet and some numbers. She needs a lot of help and encouragement.

LOGIC- e.g. puzzles and games. Paitents(Name Not Display) can do puzzles once she has been shown a few times she can play games e.g. snap, musical chairs, statue games, simon says..... and eye spy my little eye.

EXTRA CIRICULUM ACTIVITY IN SCHOOL AND OUTSIDE

Swimming twice a week

Tennis Lesson once a week

Trampoline lesson once a week

Gymnastics in school twice per week

Various musical instruments in school once per week

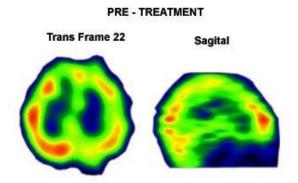
Indian dancing starting soon once per week

Computer classes starting soon once per week

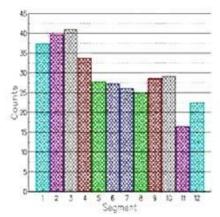
PAITENTS(NAME NOT DISPLAY)'S PRESENT SCHOOL

Paitents(Name Not Display) is in special needs school where class size is 7 children per teacher and two helpers. There are plenty of facilities e.g. cookery room, gym room, computer room, play room reading room etc.

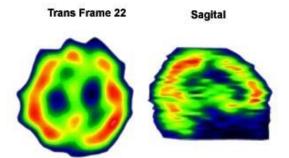
We hope this update will assist you in selecting the correct medicine for Paitents(Name Not Display).



Means BRAIN SPECT - TO - Frame 22



POST - TREATMENT (14 MONTHS)



Means BRAIN SPECT - TO - Frame 22

