

### **Case Study of AAY therapy for Autistic**

**Child Name:** [REDACTED]

**Location:** Jaipur, Rajasthan, India

**Age at Pre-treatment:** 7 years

**Diagnosis:** Autism (Delayed speech and development)

#### **Pretreatment evaluation – Dec 13<sup>th</sup>, 1994**

All milestones reached normally as in case of a regular child. The parents came with the problem of slow learner. The problem was first identified by school teacher at the age of four and half years. [REDACTED] had a problem of unknown fear, unable to concentrate on one thing and sit at one place. He did not mix up with peer of same age group and felt hesitating with them. Poor at performing school activities. Speech was delayed and defective. Apart from this day-to-day activities were also performed poorly.

A SPECT brain was not carried out because this facility was not available at Jaipur, India at that time.

#### **Supplementing with AAY therapy:**

We put her on **AAY therapy** developed by AAY centre after 25 years of research, which was administered as per guidelines to her on regular basis. A close monitoring was done. Once she was comfortable with the therapy protocol, a training model was developed for her to observe improvements in her regular day-to-day activities.

#### **Post treatment evaluation (April 7<sup>th</sup>, 1998 – 40 months later)**

The AAY Therapy was given for 36 months and stopped as the child got cured. After 36 months of treatment, we compared [REDACTED] pre-treatment evaluation to current. The child's parents were very happy with his progress and improved performance in every aspect with the help of the AAY therapy. The Child could do all his day-to-day activities that required self-help skills (Brushing, eating, dressing, undressing etc.). The Child's place and time orientation had improved to the normal levels as for his age. He started mixing with his peer age group and adjusted well with them. The clarity of speech became normal. After starting AAY therapy, [REDACTED] passed his III class with 'A' grade, i.e. his school achievements had come to those of an ordinary child of his age.

**Pre Treatment**



**Post treatment**



# S.B.I.O.A.PUBLIC SCHOOL

C-155, Bharat marg, Hanuman Nagar (Vaishali), Jaipur - 302 021. Ph. : (0141) 357282

A Modern English Medium Co-educational Public School

DAY BOARDING OPTIONAL

## PROGRESS CARD

SESSION : 2000 - 2001

SCHOLAR'S NAME : [REDACTED]  
DATE OF BIRTH : 14.01.92  
CLASS : III  
FATHER'S NAME : [REDACTED]  
ADDRESS : [REDACTED]

Jaipur

### PERSONALITY TRAITS

GRADES : A=EXCELLENT, B=AVERAGE, C=SATISFACTORY

	I <sup>st</sup> Term	II <sup>nd</sup> Term
DISCIPLINE	A	A
PUNCTUALITY	A	A
WORK REGULARITY	A	A
ORAL PROFICIENCY	B	B

### RAD NINE POINT (NPS)

A-1 (91-100)	A-2 (81-90)	High Average
B-1 (71-80)	B-2 (61-70)	Above Average
C-1 (55-60)	C-2 (49-54)	Average
D-1 (41-48)	D-2 (36-40)	Satisfactory
E (Below 36)		Failed

Passed & Promoted To Class : IV  
Co-Ordinators's Signature : [Signature]  
Principal's Signature : [Signature]  
Parents's Signature : \_\_\_\_\_

Note : The progress Card duly signed by the Parent/Guardian may please be handed over to the office/class teacher, personally. Thanks.

# **PROGRESSIVE ACADEMIC PERFORMANCE**

Periodical Tests & Exams.	HALF YEARLY						FINAL						ANNUAL	
	I UNIT	II UNIT	1st Term	TOTAL	GRADE	III UNIT	II TERM	INTERNAL ASSESS	TOTAL	GRADE	MARKS	GRADE	MARKS	GRADE
	WRITTEN	WRITTEN	WRITTEN	MARKS	(NPS)*	WRITTEN	WRITTEN	10	MARKS	(NPS)*	200	(NPS)*	MARKS	(NPS)*
M. M.	20	20	60	100	(NPS)*	20	70	10	100	(NPS)*	200	(NPS)*		
ENGLISH	15	18	38	71	B-1	10	43	9	62	B-2	133	B-2		
HINDI	16	14	46	76	B-1	19	50	7	76	B-1	152	B-1		
MATHS	16	12	37	65	B-2	11	56	7	74	B-1	139	B-2		
SCIENCE	15	09	50	74	B-1	17	54	7	78	B-1	152	B-1		
S. ST/VS	20	15	52	87	A-2	19	50	8	77	B-1	164	A-2		
TOTAL	82	68	223	375	B-1	76	253	38	367		740			

SECONDARY SUBJECTS	M. M.	FIRST TERM		SECOND TERM	
		MARKS	GRADE	MARKS	GRADE
SANSKRIT	50	-	-	-	-
COMPUTER	50	20	B-2	31	B-2
GK	50	40	B-1	21	B-1
DRAWING	50	32	B-2	30	B-2

CONSOLIDATED ASSESSMENT		HALF YEARLY		ANNUAL	
PERCENTAGE OF MARKS & RANK		75%	9th	74%	10th
ATTENDANCE/OUT OF		114/116		203/207	
SIG. & REMARKS (CLASS TEACHER)	<i>Vijay Singh</i>	Has done well. keep it up.		Very good! keep it up. Pass	
SIG. & REMARKS (PRINCIPAL)	<i>[Signature]</i>	Very Good. keep it up.		He is our asset to our institution. Well done. <i>[Signature]</i>	
PARENT'S SIGNATURE		<i>[Signature]</i>		We are proud of you. <i>[Signature]</i>	

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**Location:** Jaipur, Rajasthan, India

**Age at Pre-treatment:** 7 years

**Diagnosis:** Autism (Delayed speech and development)

## **Progress Report By Parents**

As per our telephone conversation today, please read Paitents(Name Not Display)'s recent progress.

### **SOCIAL DEVELOPMENT**

Paitents(Name Not Display) is a very chatty and happy girl and loves being with people and especially young babies. She loves to go out to parties and visit friends and relations and is not shy to interact with anyone. She is very rarely attached to us when we all go out. She enjoys Indian songs and dancing. She is able to communicate and answer appropriately when spoken to. She does not like staying at home.

### **PHYSICAL DEVELOPMENT**

Paitents(Name Not Display) has learnt to swim independently this is a major milestone for her. She is extremely happy and has become very confident due to this achievement. She was awarded a gold star on stage in front of four hundred children hence is very aware of her achievement.

Paitents(Name Not Display) also takes trampoline lessons which she thoroughly enjoys very much.

She will be also taking Indian dancing lesson shortly. We are at present also trying to get her to ride a 2 wheeler bike as this will again give a big boost to her confidence.

### **SELF HELP SKILLS**

Paitents(Name Not Display) can dress and undress herself independently. She can brush her teeth by herself but needs an adult to overlook. She can now clean herself after toileting. She can shower herself put soap on herself but again she needs constant reminding what part of her body to soap e.g. Paitents(Name Not Display) soap your arms, now soap your legs, now your belly etc. She does not wear zipped and buttoned trousers as she cannot do these by herself. Paitents(Name Not Display) can feed herself but more often to speed things up we have to feed her.

## LANGUAGE DEVELOPMENT

Paitents(Name Not Display)'s spoken language has improved dramatically and she is able respond to any conversation very quickly, especially if mum and dad are talking about going out. She understands a good percentage of any conversation. She can retell a story from small story book. Paitents(Name Not Display) can understand when spoken in Hindi or Gujrati. She does not sit idle she keeps herself busy by pretend talking on the phone or playing with her doll or attempting to write or read a story book.

Due her improvement in understanding, Paitents(Name Not Display) has become much happier and calmer and her concentration has improved dramatically. She can concentrate for ten minutes continuously.

## ACADEMIC SKILLS

READING- She reads three letter words which are repetitive and also firm in her memory e.g. cat, mat, sat etc. but with new three letter words she finds it difficult and has to sound out each letter before she can say them. She is trying to read phrases and small sentences however the above is very difficult for her to grasp and needs a lot of encouragement.

COUNTING- recognises up to 20. She can count up to ten objects with help and confidently count five objects without help.

WRITING- She can write her name and a few other letters of the alphabet and some numbers. She needs a lot of help and encouragement.

LOGIC- e.g. puzzles and games. Paitents(Name Not Display) can do puzzles once she has been shown a few times she can play games e.g. snap, musical chairs, statue games, simon says..... and eye spy my little eye.

#### EXTRA CIRICULUM ACTIVITY IN SCHOOL AND OUTSIDE

Swimming twice a week

Tennis Lesson once a week

Trampoline lesson once a week

Gymnastics in school twice per week

Various musical instruments in school once per week

Indian dancing starting soon once per week

Computer classes starting soon once per week

#### PAITENTS(NAME NOT DISPLAY)'S PRESENT SCHOOL

Paitents(Name Not Display) is in special needs school where class size is 7 children per teacher and two helpers. There are plenty of facilities e.g. cookery room, gym room, computer room, play room reading room etc.

We hope this update will assist you in selecting the correct medicine for Paitents(Name Not Display).

